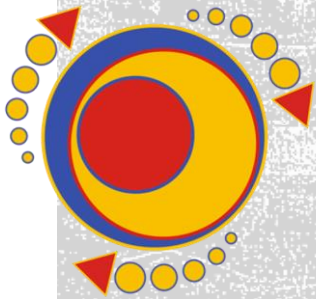
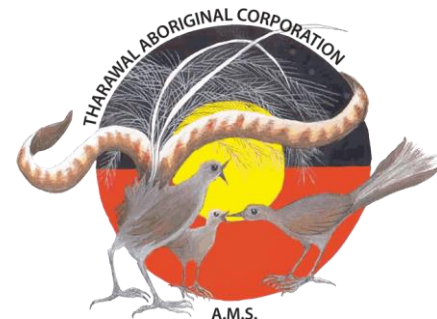


Djurali
LIVE WELL - LIVE HEALTHILY



DJURALI PROGRAM

THARAWAL ABORIGINAL CORPORATION



ACKNOWLEDGEMENT

We would like to respectfully
acknowledge the traditional
owners of the land on which we
meet today, and pay our respects
to the elders both past and
present.

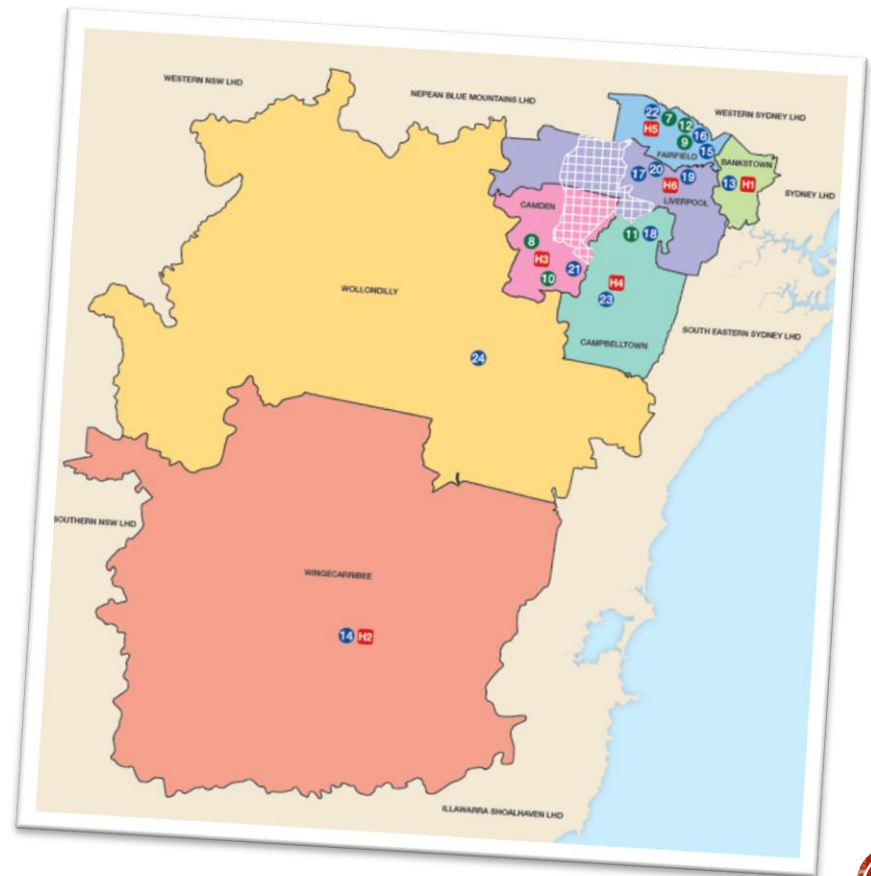


OUR AREA

- Tharawal Aboriginal Corporation (TAC) in Airds, NSW

- South Western Sydney Area

- Bankstown 1,388 (0.8%)
- Camden 1,117 (2.0%)
- Campbelltown 4,729 (3.2%)
- Fairfield 1,322 (0.7%)
- Liverpool 2,677 (1.4%)
- Wingecarribee 802 (1.8%)
- Wollondilly 1,036 (2.4%)



BACKGROUND

- Socioeconomic disadvantages
 - Low income
 - High unemployment
 - Low levels of education



OUR MODEL

- Holistic approach to health
 - More than the physical well-being
 - Social
 - Emotional
 - Cultural well-being
- Whole of community approach
- Community engagement & ownership of programs



OUR PROGRAMS — NUTRITION

- Community Kitchens
 - TAC
 - Cooking with Yarns
 - Waran Warin Child & Family Centre
- Community Gardens
 - TAC
 - MACs Centre
 - Reiby Juvenile Justice Centre
- TAC Healthy Food Policy

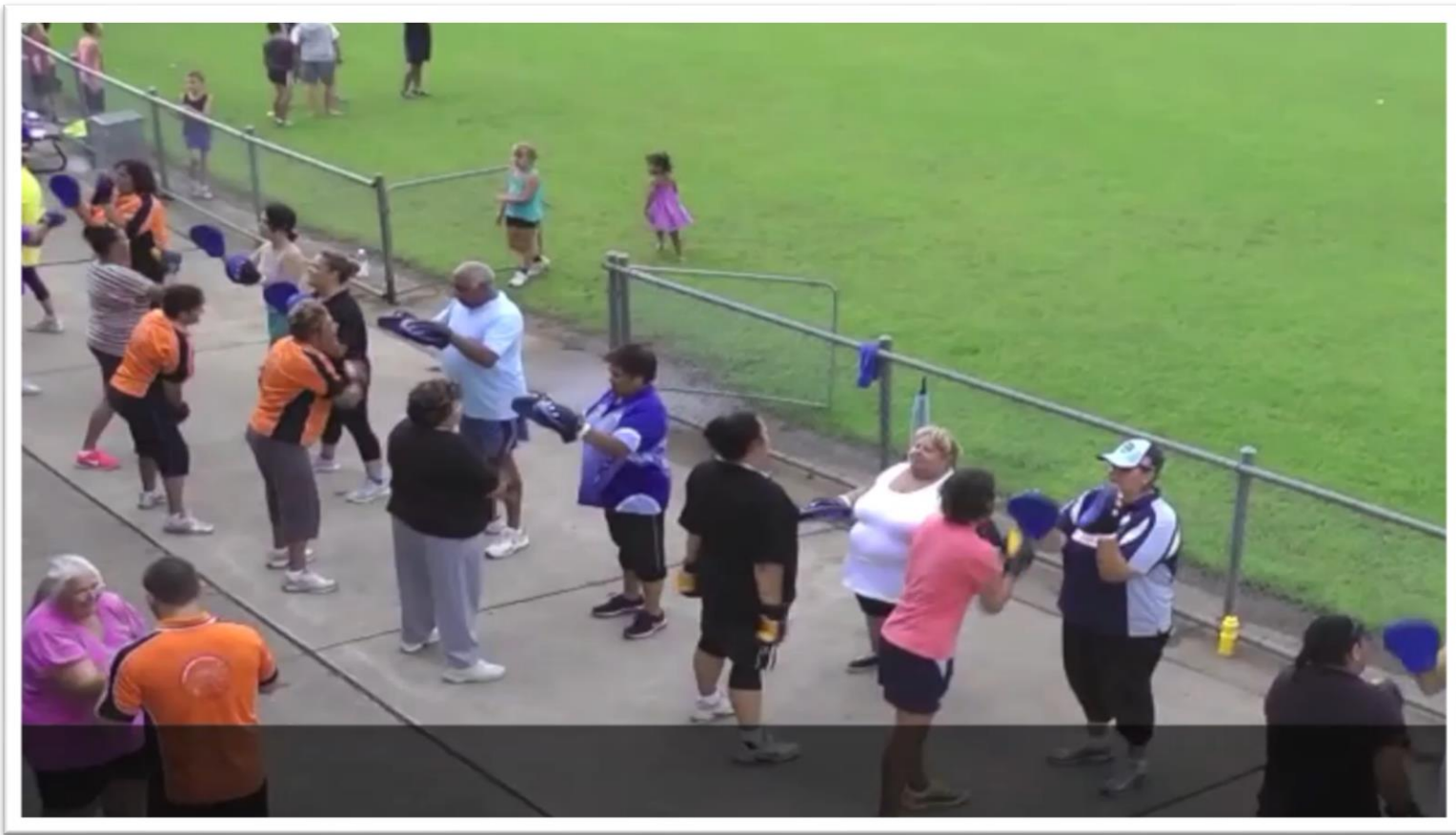


OUR PROGRAMS

- Good Tucker All Round – Fruit & Veg Distribution
- Family Diabetes Program



OUR PROGRAMS — PHYSICAL ACTIVITY



OUR PROGRAMS – TACKLING TOBACCO

- “I Quit Because...” Campaign
- Quit Groups
 - TAC
 - Wollondilly
- DMAC Men’s Group
- Ceramic Classes



OUR PROGRAMS — YOUTH

- Tiana Tag
- Fishing for Solutions
- Indigenous Surf Program
- Schools' Health Program



OUR PROGRAMS — SPONSORS & SUPPORT

- Elders Olympics
- Campbelltown Ghosts
- Campbelltown Junior Oztag – Djurali Team



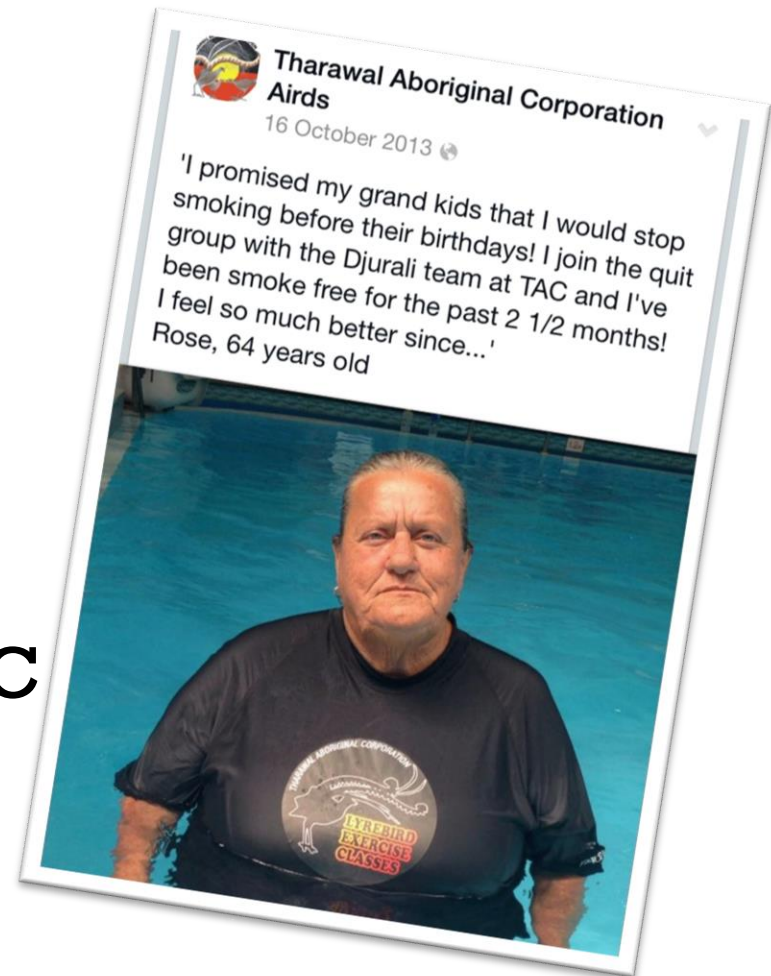
EVENTS

- Close the Gap
- World No Tobacco Day
- NAIDOC
- NSW Koori Knockout



SUCSESSES

- Community involvement & ownership
- Partnerships
 - TAC teams
 - Outside organisations
- Cross Promotion across TAC
- Popularity & Demand



CHALLENGES

- Uncertainty around funding
- Staff turnover
- Tobacco topic
- Attendance Seasonal ups & downs
- Program Capacity – with Increasing demand
- Referral Pathways
- Clinical Link



WHERE TO FROM HERE?

- Early intervention
 - Local Schools
 - MACs Centre and Waran Warin
- Formalisation of referral pathways
- Clinical Link – Medicare Local involvement
- TAFE Certificate II Horticulture
- Wiggecarrabie Community – Bowral clinics
- Staff capacity Building – Diabetes Program



QUESTIONS

Djurali team on (02) 4628 4837

www.tacams.com.au

