



**ST VINCENT'S
HOSPITAL**
SYDNEY

A FACILITY OF ST VINCENT'S HEALTH AUSTRALIA

ABORIGINAL QUITLINE NSW and ACT



UNDER THE STEWARDSHIP OF MARY AIKENHEAD MINISTRIES

Acknowledgement and Thanks

The Tackling Indigenous Smoking and Healthy Lifestyle Initiative was specially funded by the Australian Government Department of Health and Ageing (from 2011)

A Collaborative Project

- ❖ Aboriginal Health and Medical Research Council, New South Wales, Australia (AH&MRC)
- ❖ Cancer Institute New South Wales, Australia
- ❖ NSW & ACT Quitline, ACT Health, St Vincent's Hospital Sydney, New South Wales, Australia



cancer
institute
NSW



ACT
Government
Health

Reflect.....Aboriginal Quitline Enhancement Project

Formative research and a workshop looked at

- ❖ needs of Aboriginal people who smoke
- ❖ needs around support with quitting
- ❖ awareness and usage of Quitline by Aboriginal people
- ❖ understanding referral systems to Quitline
- ❖ strengths and barriers within Quitline



Quitline NSW and ACT

- ❖ state and territory wide evidence-based telephone counselling service for those seeking to quit tobacco smoking
- ❖ based at the Quitline Contact Centre located within the Alcohol and Drug Service at St Vincent's Hospital Sydney
- ❖ funded via the Cancer Institute and ACT Health



Aboriginal smoking rates are high

- ❖ In 2012-13 two in five (41%) Aboriginal Australians over the age of 15 smoke cigarettes daily. *
- ❖ This means that Aboriginal Australians are more than two and a half times as likely to smoke than other Australians. A further 2% smoked but not on a daily basis.*

...But smoking rates are dropping

- ❖ After many years of no change in smoking prevalence rates, between 2002 and 2012-13 smoking rates for Indigenous people aged 15 years and over have dropped from 49% to 41%.*

* *Just the Facts The Centre for Excellence in Indigenous Tobacco Control 05/2014*

Why we should be concerned

- ❖ Aboriginal and Torres Strait Islander women were three times more likely to smoke during pregnancy than non Indigenous women (50.9% compared to 14.4%)
- ❖ More Indigenous people start smoking at an early age. By the age of 13 one in ten Aboriginal Australians have smoked. Two thirds of those started smoking between the ages of 6-8.
- ❖ Aboriginals and Torres Strait Islanders die of heart, stroke and vascular diseases at nearly three times the rate of the non-Indigenous population.
- ❖ Many health workers smoke. Health workers use smoking as a way of coping with their often stressful jobs.
- ❖ 82% of Aboriginal Australians in prisons smoke.

Aboriginal Quitline staffing

2 new full time positions at Quitline and we are currently recruiting

- ❖ Aboriginal Quitline Advisor
and
- ❖ Aboriginal Quitline Coordinator

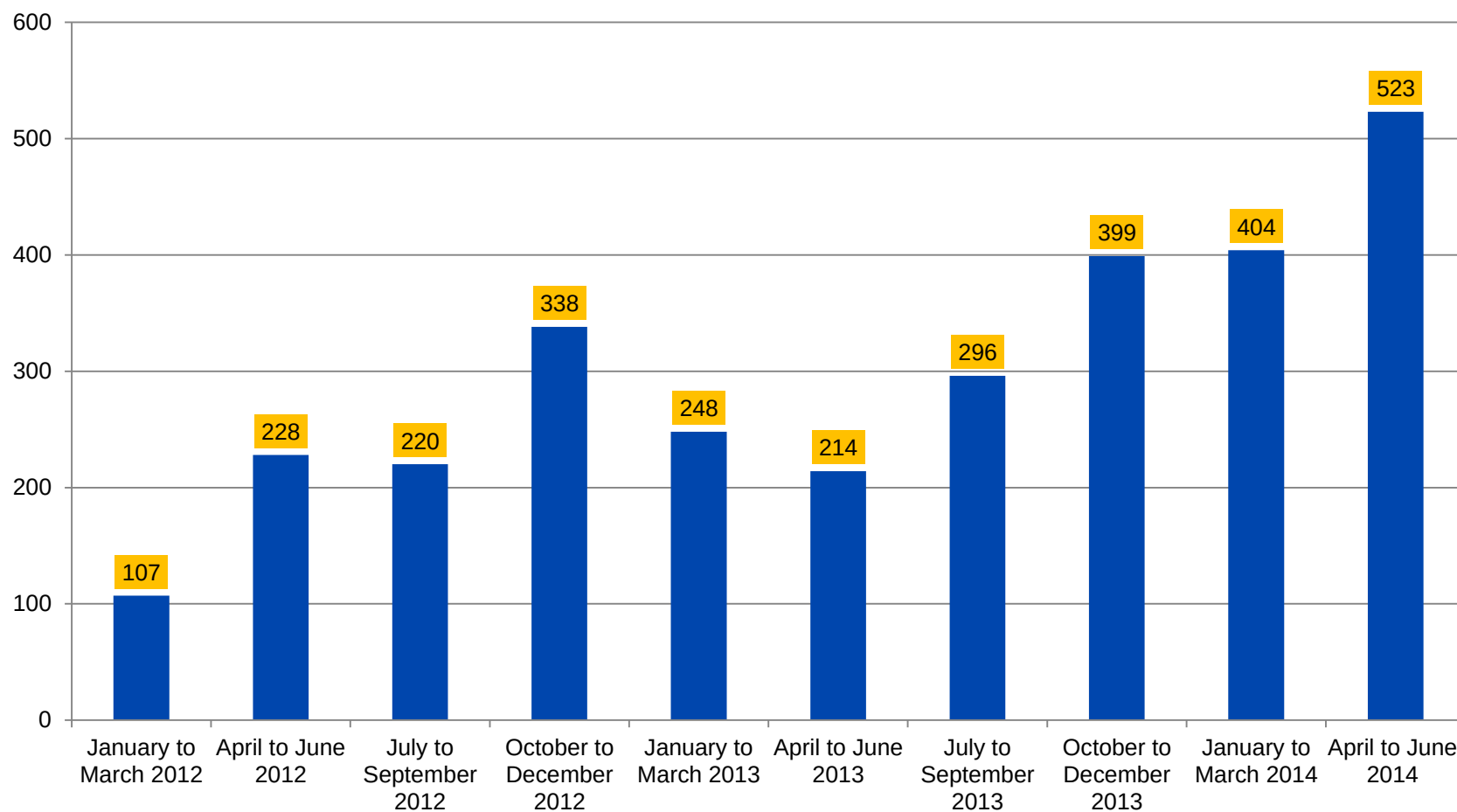
The Aboriginal Quitline Coordinator works with all Quitline staff to ensure quality service is provided to the Aboriginal and Torres Strait Islander community.



Aboriginal Quitline Team



Callers to the Aboriginal Quitline 2012-2014



Increase of Aboriginal Callers

Since the employment of the current Aboriginal Quitline Co-ordinator in June 2013, there has been a steady increase in the monthly number of callers who identify as being Aboriginal.*

For the period July 2013 – June 2014, there have been a total of 622 Aboriginal callers; with an average of 52 per month*

January – June 2014 (n=303)		
Number of Aboriginal callers from LHDs	n	%
That recorded a community visit from the Aboriginal Quitline Co-ordinator	189	62.4
That had no community visit from the Aboriginal Quitline Co-ordinator	114	37.6

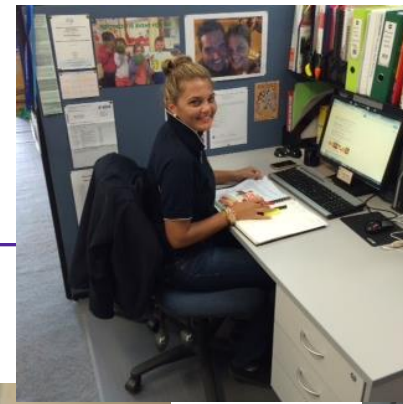
* Aboriginal Quitline Enhancement Project: Results Prepared by Blythe O'Hara, Jo Smith, and Lesley King

Aboriginal Quitline in Your Community

- ❖ The Aboriginal Quitline Coordinator is now working with this community and has attended 5 Local Health District site visits in the first half 2014.
- ❖ Another community 12 site visits have taken place between Nov 13 and May 14.
- ❖ Contact with 500 Aboriginal Health Workers from NSW Health
- ❖ Resource mail outs to NSW & ACT 500 Aboriginal Health Workers and Health Managers
- ❖ Mail outs to 200 Closing The Gap Smoking cessation coordinators/workers in NSW & ACT in Medicare Locals
- ❖ Established relationships and referral pathways with Aboriginal Medical Services in NSW & ACT
- ❖ 24 site visit to the Aboriginal Quitline have been achieved in last 12 months

LHD and Community Site Visits 2014





Come and have a yarn with Quitline



Aboriginal
Quitline
Site Visit

Wednesday 3rd September 2014

Facilitator	Lee Bradfield
Guest 1	
Guest 2	
Guest 3	
Guest 4	
Guest 5	
Guest 6	

Wednesday 3rd September 2014

Welcome Quitline and ADIS Presentations	
09:30 am - 10:00 am	
10:00 am - 12:30 pm	Phone Budding With Quitline/ADIS Staff
	Guest 1 Guest 2 Guest 3 Guest 4 Guest 5 Guest 6
12:30 pm - 1:00 pm	Lunch (provided)
1:30 pm - 2:30 pm	O'Brien Building Tour See the Call Centre, Drug & Alcohol services Meet and Greet and sharing information session Review Aboriginal Quitline resources discuss how you can access them Questions and Answers How can we help you?
2:30 pm -	Close

**O'Brien Centre
Level 6**



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Are you interested in coming to the Aboriginal Quitline for a site visit?

All you need do is email the Aboriginal Quitline at aboriginalquitline@stvincents.com.au

We can arrange you and your team to come to St Vincents Hospital and stay the day at the Level Six Call Centre

You will be amazed with what you can learn about the Aboriginal Quitline, our core work and see how devoted we are to Aboriginal Health.

Presented by

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Acknowledgement and Thanks

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Thank you

