



Culture, change and contributors reflecting on the past and taking action on a united front

‘we are sick of being sick’

A decorative orange dot pattern consisting of several concentric circles and a central figure of a person, possibly a dancer or a spirit, surrounded by swirling lines.

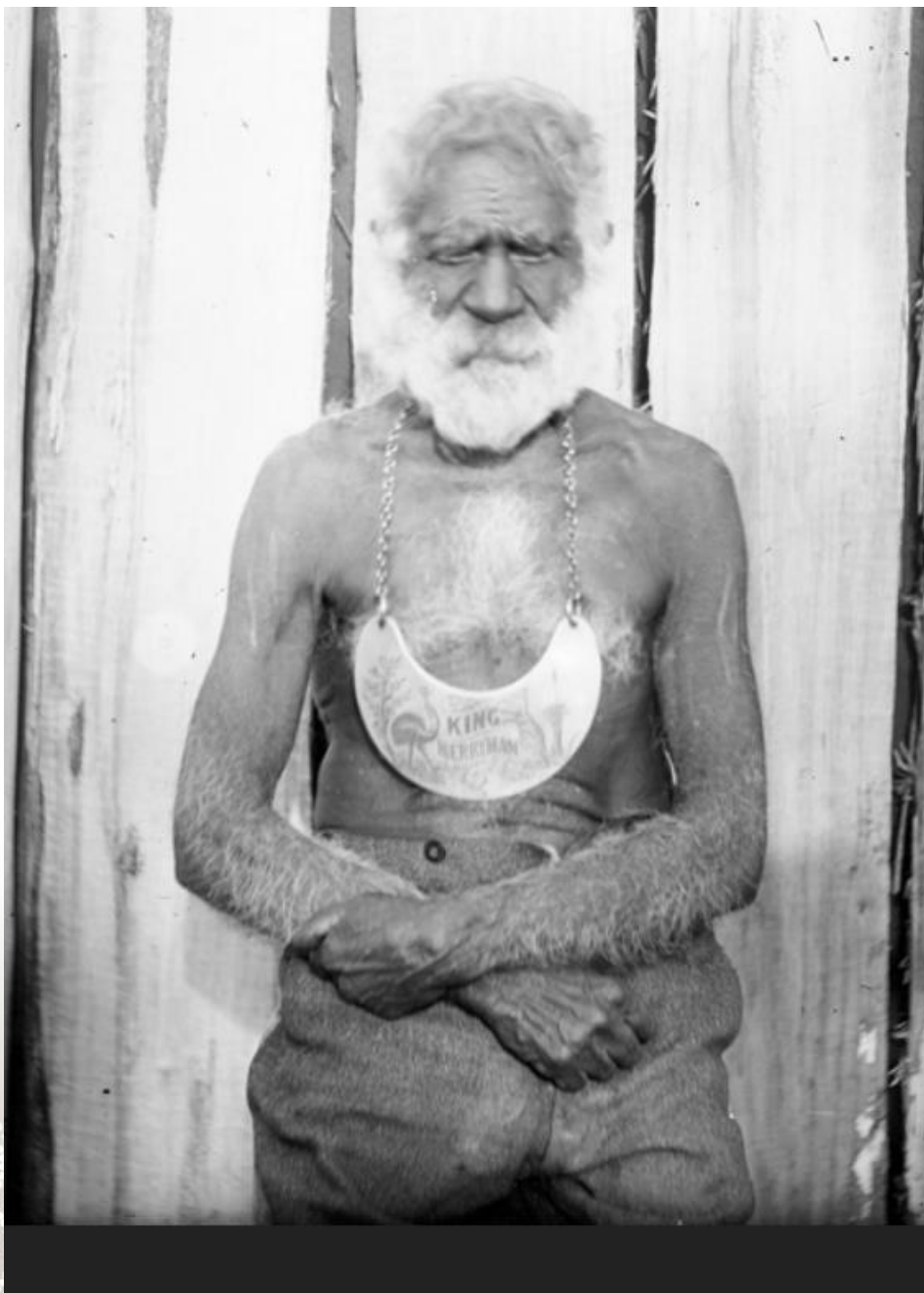
Vicki Toodiji Wade

Cultural Leader
Heart Foundation of Australia



Traditional Owners the Gadigal and Bidjigal people of the Eora Nation







Is 'Closing the gap' becoming another catch cry?

We live everyday in the gap

We are sick of burying our Mums and Dadsfar too young

We are sick of burying our brothers and sisters

We are sick of burying our young adults our babies

We are sick of going to funerals, of being SAD, ANXIOUS,
DEPRESSED and OPPRESSED

We are sick of being DISCRIMANTED against being
IGNORED and ANNOYED.

WE ARE SICK OF BEING SICK







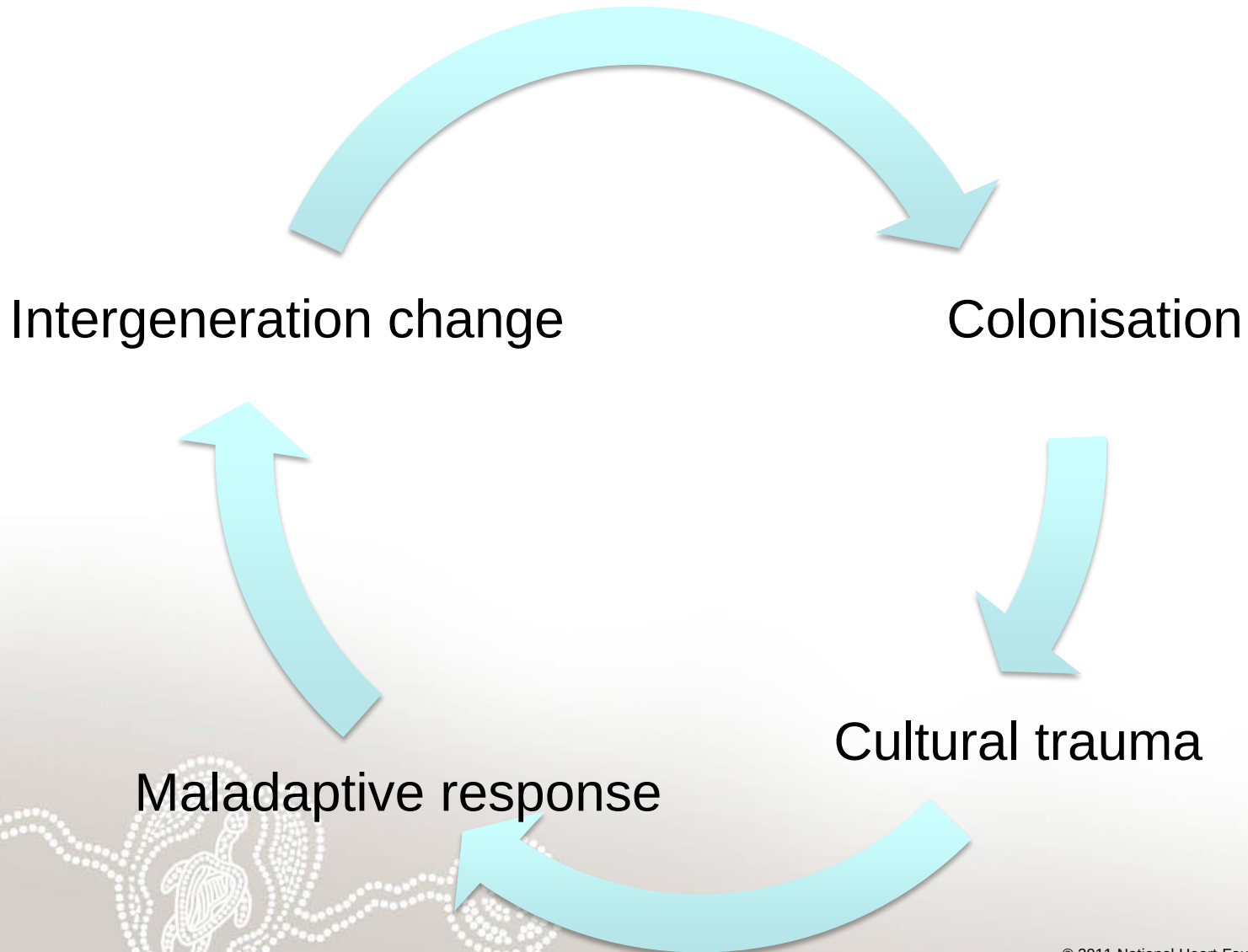


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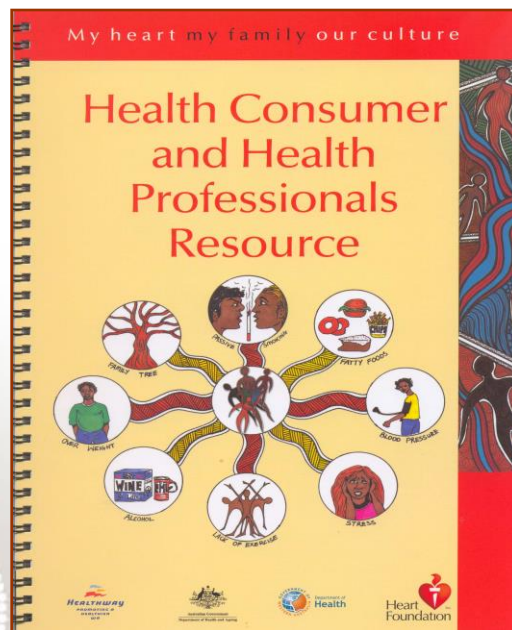
Cultural trauma and Maladaptive responses





The Heart Foundation has been in this space for awhile

Advocacy
Support research
Resources
Policy
Programs



Position statement

Indigenous tobacco control

The Heart Foundation has identified the cardiovascular health of Aboriginal and Torres Strait Islander peoples as a high priority. We are committed to helping to close the gap between Indigenous and non-Indigenous cardiovascular health outcomes. Reducing the prevalence and uptake of smoking among Aboriginal and Torres Strait Islander peoples is critical to achieving this goal.

In December 2007, the Council of Australian Governments (COAG) agreed to close the gap on Indigenous disadvantage, including closing the life expectancy gap within a generation. This commitment involves the Australian Government contributing \$805.5 million to COAG's \$1.6 billion investment over four years to support the National Partnership Agreement on Closing the Gap in Indigenous Health Outcomes. Approximately \$161 million of this money will be used to tackle the key risk factors for chronic disease, including smoking.^{1,2}

With this agreement to 'close the gap' in mind, the Heart Foundation is advancing a range of Indigenous priorities to help to define a national tobacco control strategy for Indigenous Australians.

The Heart Foundation currently pursues activities that complement the framework provided by the National Tobacco Strategy (2004–2009).³ Our work involves advocating for a sustained, well-funded Indigenous tobacco control campaign. As part of this campaign, and in light of recent government announcements, the Heart Foundation recommends that funding be allocated to the development and implementation of Indigenous specific priorities that aim to build capacity within the community to make sure that this important health issue is addressed. See page 3 for the identified priorities.

The Heart Foundation's position is directed by research reports that make recommendations about appropriate policy direction for effective Indigenous tobacco control interventions. These reports include:

- *Tobacco Control in Australia: making smoking history*⁴
- *Tobacco in Australia: Facts and Issues*⁵
- *Tobacco – Time for Action*⁶
- *Indigenous Australians and Tobacco: a literature review*⁷
- *Galyra Angin (Good Air): Partnerships in Indigenous Tobacco Control*⁸

Northern Territory



Member of the NT Tobacco Control Advisory Committee

Tackling Indigenous Smoking and Healthy Lifestyle Project (Tiwi Islands, Crocker Island and Goulburn Island)

Remote Active Living Project 18 Shires and councils across NT



New South Wales

Be Stronger Live Longer
Regional - South Coast



Everyones got a
reason to quit

Local community
voices and Ambassadors





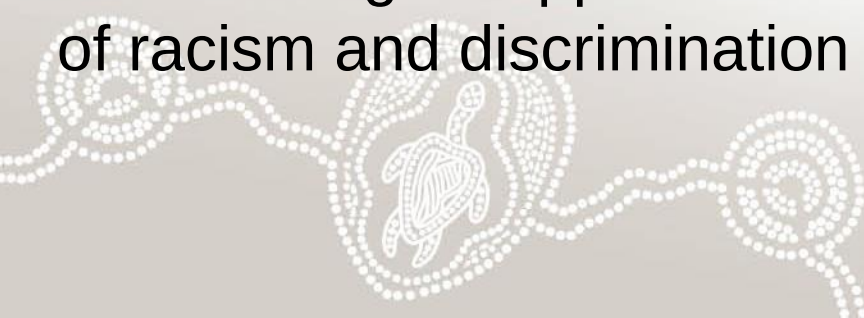
Culture, change and contributors - reflecting on the past and taking action on a united front

We need to acknowledge the past reflect on it and learn from itwe need to redress it...

Our culture needs to be recognised and reinvigorated

We need to take action together, united

A human rights approach with social inclusion free of racism and discrimination







For heart health information 1300 36 27 87
www.heartfoundation.org.au

